

PHOENIX ACADEMY MIDDLE SCHOOL STUDENT SCHEDULE

On **Monday, Tuesday, Thursday, and Friday**, the school day for students is **8:30 AM–2:45 PM**. Lunch runs from 11:05 to 1:00pm. Between 11:10 and 11:50pm, students have the option to participate in teacher-facilitated clubs or activities.

On **Wednesday**, the school day is **8:30–10:35 AM**.

Each day begins with time for *Building Community*. Students will listen, share, and take time to build trust and respect for self and others during this block. *FLEX Learning Time* is placed within the school day to provide teacher-facilitated small group learning support and learning extensions. Students will have limited choice as to which period teachers they will visit during any

one FLEX block based on their individual learning needs. *Teacher Office Hours/ Connection Time* is also available for drop-in teacher-support/tutoring or by appointment.

Every Monday and Friday, *Student Wellness* block is a time when students will learn and practice mindfulness and social-emotional strategies to support their overall cognitive, mental, and emotional well-being. On Tuesday and Thursday mornings, students are enrolled in a *Tools for Success* block where they will receive organizational planning, time management, and other tools and skills to improve their overall success in school and home.

Daily Schedule	A-Day	B-Day	Support	A-Day	B-Day
	Monday	Tuesday	Wednesday	Thursday	Friday
8:30–8:55 AM	Building Community	Building Community	Building Community	Building Community	Building Community
8:30–11:25 AM (WED: 8:30–10:55 AM) Morning Block Live Synchronous Teaching	Period 1	Period 5 Tools for Success	9:20–10:00pm FLEX Learning Time	Period 1	Period 5 Tools for Success
	9:50–10:35 AM Period 2 Student Wellness	Period 6	Period 1 or 2 (Student Choice)	Period 2 Student Wellness	Period 6
	10:40–11:25 AM FLEX Learning Time Period 1 or 5	FLEX Learning Time Period 2 or 6	10:15–10:55pm FLEX Learning Time Period 7 or 8 (Student Choice)	FLEX Learning Time Period 3 or 7	FLEX Learning Time Period 4 or 8
11:30–12:10 PM	Clubs/Activity (Student Choice/ Optional)	Clubs/Activity (Student Choice/ Optional)	Virtual Learning ends for students at 10:55 am.	Clubs/Activity (Student Choice/ Optional)	Clubs/Activity (Student Choice/ Optional)
11:25–1:15 PM	Lunch	Lunch		Lunch	Lunch
1:15–2:00 PM (MON/TUES/THURS/FRI, ONLY) 1:15–2:50 PM Afternoon Block Live Synchronous Teaching	Period 3	Period 7			Period 3
	2:05–2:50 PM Period 4	Period 8	2:30–3:00 PM Teacher Office Hours/ Connection Time	Period 4	Period 8
2:55–3:30 PM (MON/FRI: 2:55–3:30 PM WED: 2:30–3:00 PM) Time available, if needed, to communicate with teacher and get support	Teacher Office Hours/ Connection Time				Teacher Office Hours/ Connection Time